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BOOK REVIEWS

IN CHARGE OF

M. E. CAMERON, R.N.

TEXT-BOOK OF ANATOMY AND PHYSIOLOGY FOR NURSES. By Diana C. Kimber, Former Assistant Superintendent, New York City Training School for Nurses, Blackwell's Island, New York. Fourth Edition. Completely revised by Carolyn E. Gray, R.N. Cloth, 8vo, Illustrated The Macmillan Company, 64-66 Fifth Avenue, New York. \$2.50 net.

Kimber's *Anatomy and Physiology* is too well known and too widely accepted as the standard work on this subject to need any review in these pages.

It is now in its twenty-first year, and although many excellent books have been written on the subject and for the special use of nurses, it remains where it has always been, at the head of the list. A most conscientious student and teacher, Miss Kimber exercised all her thoughtfulness and care, in selecting Carolyn E. Gray to keep her book in line with the requirements of modern teaching. Miss Gray has made many changes in the text, but with such fidelity to the original that the book remains, as always, Kimber's.

It is due largely to Miss Gray that the book has distanced all rivals, and kept its position of honor. A note from the publishers advertisement is worth inserting here: "The extent to which this book is in use is indicated by the fact that since its first issue it has been *necessary to reprint it no less than thirty-one times.*"

CHEMISTRY FOR NURSES. By Reuben Ottenberg, A.M., M.D., Lecturer to the Nurses' Training School, Mt. Sinai Hospital; Instructor in Bacteriology, College of Physicians and Surgeons, Columbia University, and Assistant in Clinical Microscopy, Mt. Sinai Hospital. The Macmillan Company, 64-66 Fifth Avenue, New York.

Professor Ottenberg's *Chemistry for Nurses* is calculated to make nurses of the older schools envious of those who are trained in the present day. How hardly, and through what difficult and uninteresting channels, we of the older schools got what chemistry we could; little enough, as we remember it. In the book under consideration, we have all the essentials of chemistry necessary to the proper under-

standing of *materia medica*, physiology and cookery. Then too the subject comes to the pupil in such readable and entertaining fashion, that the dullest intellect could not fail to be attracted and spurred on to acquire further knowledge of the subject.

One is struck by this vivid contrast of old and new methods in teaching. The old way was to stuff the pupil nurse with a certain number of facts, but to destroy all desire for following up the subject, which was most undesirable, tending to produce the overtrained nurse. It is a good sign of the times to find a man of Professor Ottenberg's standing in the medical fraternity in line with those who desire better educational opportunities for nurses.

GENERAL NURSING. By Eva C. E. Luckes, Lady of Grace of the Order of the Hospital of St. John of Jerusalem in England. Matron to the London Hospital. Author of "Hospital Sisters and Their Duties." Ninth Edition. E. P. Dutton and Company, New York. \$1.75.

It is not often that a text book survives for thirty years and retains its usefulness. That the present volume has done so and comes to us, in its ninth edition, thoroughly up-to-date in technical information, is ample testimony to the broadness and liberality of the mind of its author, who has taken immense pains to have her book made usable and practical to nurses in training at the present time. To this end she has made use of the highest authorities in science in England, much of the new text being furnished by men whose names are followed by academic degrees. The thoughtful reader will not be impressed by the fact that the author can command such aid nor by the subject matter they contribute, so much as by the high ethical standard that the author has preserved through thirty-eight years of nurse training.

In 1898 she wrote:

My hope for the future of Trained Nurses, and for the advancement of Trained Nursing, lies in the conviction that the relative value of personal character and technical knowledge will be duly recognized as time goes on. Everything which tends in the opposite direction will inevitably hinder progress.

The vital importance of character and the due—not the undue—importance of technical knowledge cannot be too strongly insisted upon. They must be so happily combined that, on leaving her hospital every Trained Nurse will be *rich in what she has to give*, and will be loved and respected accordingly.

In the preface to the ninth edition she says that after sixteen years she can add nothing except the added strength that has come to her convictions, "that if a nurse is to be worthy of her calling her work